



Helping you achieve your wellness goal is our *business*.

NEW AGE  
BEVERAGE  
ADDRESSING THE LIFESTYLE  
MODIFICATION

# Know your Liver

# focus

HEALTH WATCH-2020

- ❖ Liver is the biggest and the most complex organ in the body with more than 500 functions
- ❖ The liver is an "incredible chemical factory," producing many important chemical compounds needed to survive, such as bile, albumin, blood clotting factors, cholesterol, Vitamin E.
- ❖ Converts amino acids (proteins) and lipids into glucose, a complex process catalyzed by a series of enzymes
- ❖ Plays a major role in maintaining normal blood sugar levels, an important source of energy for the brain, heart and muscles.
- ❖ Performs numerous other functions such as regulating lipids or metabolizing prescribed and over the counter drugs, alcohol, and many other ingested chemicals such as caffeine, etc.
- ❖ Helps digest the food we eat and assist in ridding our body of many toxins.
- ❖ Eliminates various harmful chemicals from the body. Treats about 1,300 ml of blood per minute, thereby acting as the body's "garbage disposal."

### Liver dysfunctions may take many forms

- ❖ Commonly prescribed cholesterol-lowering medications such as statins (e.g. Lipitor), among many other chemical drugs, are known to be toxic to the liver.
- ❖ Fatigue, aches, and pain in joints and muscles, frequent headaches, stress and appetite fluctuations may be signs of an over-worked liver.

Medical experts say:

"If your body was a corporation, your liver would be the president!"

In fact, if you...

- ❖ Are over 40 years old...
- ❖ Regularly take over-the-counter medicines including aspirin, Tylenol® or even cough and cold syrup...
- ❖ Are using prescription drugs to treat your joint problems, high blood pressure, high cholesterol, pain, digestive problems, prostate, or sleep problems...
- ❖ Eat fast foods, red meat or a high fat-diet...
- ❖ Are exposed to chemicals and pollutants at work or use sprays and aerosol products around your house...
- ❖ Drink less than six to eight glasses of quality water daily.

THEN YOUR LIVER NEEDS HELP!

**Xeltonic™**  
Can Help!



### Xeltonic™ Benefits

There are many health reasons for drinking alcohol free wines:

- Anti Aging
- Memory
- Sugar Balance
- Joint Pain
- Lack of Energy
- Depression
- Cholesterol
- Stress
- Immune Functions
- Fatigue

*An inflammation of the liver associated with an increase of fat deposits may occur in middle-aged, overweight, and often diabetic patients who do not drink alcohol.*

**Xeltonic™**

*Total Body Rejuvenation & Immune System Boost*

# Xeltonic™ Health Connection



**GOJI BERRIES**  
**Improves Digestion**  
Enhance the health of your GI track bettering your body's ability to digest and process the nutrients in food.



**GREEN TEA EXTRACT**  
**Enhances Memory**  
Contains an antioxidant known as EGCG which increases memory, brain function and the ability to lower cholesterol.



**ACAI**  
**Increases Energy**  
Your energy is dependent upon the health of your cells and with better health comes longer lasting energy.



**RESVERATROL**  
**Slows Aging**  
This powerful antioxidant found in red wine slows the rate at which your cells divide, increasing longevity by 30%.



**ORIGANUM BULGARE**  
**Strengthens Immunity**  
By strengthening your immune system you will reduce your risk of bacterial, viral and fungal diseases.



**NONI**  
**Rejuvenates Skin**  
Younger looking, more vibrant skin comes not from a cream but from within a healthier body.



**POMEGRANATES**  
**Protects Heart**  
Maintain your health by promoting healthy cholesterol levels and improving your cardiovascular system.



**MANGOSTEEN**  
**Speeds Healing**  
Your body is regularly damaged by toxins, pollution and injury; protecting your DNA will speed healing.

## How Antioxidants Help?

Antioxidants are molecules that come from nature, which neutralize free-radicals by donating one of their own electrons, ending the "electron-stealing" behavior of the free-radicals.

The antioxidant nutrients themselves don't become free-radicals in the process of donating an electron because they are stable in either form. They act as scavengers, helping to prevent cell and tissue damage that could lead to cellular damage and disease.

## How can we prevent Free-Radical Damage?

There are two solutions. The first and most obvious is to avoid the causes of free-radical damage, such as by avoiding the use of all polyunsaturated fats in cooking and use saturated fats. In addition, eliminate toxins from our diet and lifestyle. The second solution is to rely on the help of Mother Nature by obtaining ANTIOXIDANTS from natural food.



## Supplement Facts:

Serving Size 1.67 fl oz	Amount per serving	% Daily Value	Other
Calories	210	42%	5.0g
Total Fat	1.0g	2%	2.0g
Cholesterol	0g	0%	1.0g
Total Sodium	2.0g	4%	1.0g
Total Carbohydrate	2.0g	4%	1.0g
Total Protein	2.0g	4%	1.0g
Total Fiber	2.0g	4%	1.0g
Total Sugar	2.0g	4%	1.0g
Total Alcohol	2.0g	4%	1.0g
Total Antioxidant Capacity (ORAC)	15,000	100%	15,000
Total Polyphenols	15,000	100%	15,000
Total Flavonoids	15,000	100%	15,000
Total Phenolics	15,000	100%	15,000
Total Tannins	15,000	100%	15,000
Total Anthocyanins	15,000	100%	15,000
Total Resveratrol	15,000	100%	15,000
Total Quercetin	15,000	100%	15,000
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